

Shoyo Sensei's Dharma Message:

Buddha-Dharma: Practice – 10

Question (1):

Some ancient Buddhist texts say that, it is only the human beings that can be enlightened. It is because in a human realm, there is Suffering (*Dukkha*), while in a heavenly realms, there is no Suffering (*Dukkha*), which makes human beings be enlightened. The heavenly beings in heaven realm experience only pleasure but no sufferings (*Dukkha*), therefore they cannot be enlightened. Only pleasure is not a necessary factor to a person enlightenment. Therefore, the next future Buddha, Maitreya, has to be born as a human being in the human realm. Does it mean, then, that Suffering (*Dukkha*) is a necessary factor for a Buddhahood?

Answer (2):

Yes, it is. Suffering (*Dukkha*) is a necessary factor to become a Buddha.

Question (2):

If so, is Selfishness (*Tanha*) also a necessary factor to be enlightened?

Answer (2):

Selfishness is not a necessary factor to be enlightened. To say that "Selfishness is a necessary factor to be enlightened" sounds strangely saying that, "It sounds like to say that "Selfishness (*Dukkha*) is a necessary factor of enlightenment." "Selfishness is necessary factor to be enlightenment" is similar to say that "Sickness is a necessary factor to become healthy."

We direct ourselves toward health by treatment, but that does not make "Being sick" to be good. It is indeed, unfortunate that we are all already. Selfishness is NOT a necessary factor to be enlightenment.

Question (3):

The Buddha said that selfishness (*Tanha*) is never a necessary factor for enlightenment. But, don't you think Selfishness (*Tanha*) can be good sometimes as I said before?

For example, when your house is under the fire, you will be able to carry a chest to outside that you would never be able to carry at a regular and ordinary time. So, *Tanha* is beneficial and useful depending on the situation.

Answer (3):

Sometimes, we may be able to carry something that is much heavier than the limitations of our capabilities. But, sometimes, it will end with a serious damages in our body. By carry up something very heavy, one may get an heart attach. He might have saved the chest, but he might have gained an invisible but long-term danger that may be unknown to him.

For example, when you and a cow are pulling a rope by holding each end of the rope. You, being upset, may be able to pull the rope as powerfully as possible. You may be able to pull much stronger than you may usually do. But, once you SEE that the power that the cow has much stronger power than yours, you will “LET GO” the rope. But, when you don’t SEE it, you will keep pulling the rope and may even lose your life. This “SEEING” is wisdom.

The cow can be Nature, Fire, or Sickness. Whatever it may be, it is important to learn to “LET GO.” This means “LET GO TANHA.’

Anger, attachment, or hatred may appear to be beneficial and useful. It may appear to be able to do something great. However, when we observe it very carefully and analytically, it is not so. All great inventions and creations are the result of concentration and effort. Whenever there is concentration and effort, there is no anger or attachment.

Seeing things as they are is not easy. It is difficult. Therefore, we tend to see only by what it looks like or it appears to be.

Question (4):

How about if you are chased by a wild and dangerous beast in a jungle? In such a situation, you may be able to run much faster than usual due to your Tanha (self-attachment). If so, isn’t Selfishness (Tanha) useful and beneficial and necessary sometimes?

Answer (4):

Being chased by a wild beast, common and ordinary person may start running due to Tahna (ignorance/attachment/hatred). However, when Tanha is reduced in this person., more wisdom will arise in him or her. With more wisdom, he or she will be able to think of more options to save him/herself. Heroes such as Indiana Jones or James Bonds in its Action Movies, escapes extremely dangerous situations by finding the most effective means. Just like that, those who are reduced or liberated from Tanha can see more options.

But, those who are full of Tanha may think that running is the only choice that can choose. However, a wiser person, who has less Tanha and ignorance, can handle the same situation more properly. She or he will be able to SEE the same situation directly without running away.

This is similar to a good medical doctor: “A worse doctor will think a fewer causes for a disease: while a better doctor can think of more causes for the same disease.”

When an dangerous animal tries to attack an ignorant person with Tanha, she or he may try to escape the situation by “running away” only. But, when she or he SEE more, she or he will see that it is not necessary to run frantically like a stupid person. She or he will see that running away is a coward attitude, but a wiser person can have more options by seeing more effective and useful choices by handling the situation more effectively.

When we become ignorant, we have only one option for decision-making. For example, in this situation, to run away. For a common and ordinary beings, “Death is the only choice,” but for those heroes in action movies, there are many and many options to escape most dangerous situations.

The Buddha said that selfishness (Tanha) is never a necessary factor for enlightenment. But, don't you think Selfishness (Tanha) can be good sometimes as I said before?

For example, when your house is under the fire, you will be able to carry a chest to outside that you would never be able to carry at a regular and ordinary time. So, Tanha is beneficial and useful depending on the situation. The Buddha shows us that: The Tanha is not never become the cause of Enlightenment. He showed us that Heroes can escape us from danger. Heroes have less attachment/ignorance. That is why they are called, “HEROES.”

Tipzp!Tfotfj't!Eibsnb!Nfttbhf;!

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酔埒へ → へ ↓ !

ヨキわ擧灣へ ㊟㊦㊧㊨キわりピ(→)ヨ(五)わ嘆驚ルワヨペヌ↔ !

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奄罽へ → へ ↓ !

マデヨペみ!

痿偵(名)賭鯊稔レ(二)木ヲわア抗(水)ィア嬌箭ィア鄴灣ィへ ㊟㊦㊧㊨キ憤レムユヌワ
(月)デレ蹤ド(木)ヌ(五)へ(金)←(一)ボ(特)みア抗(水)ィレ(月)ヤヨルレヌ屎ヅ膾檀(名)戒ヨヅ(木)(月)デ
レ抜デヌ(五)簞(金)←(一)ボ(特)みへヌへわア抗(水)ィキ所嚮稔レア蜨へ(二)ィ(名)(五)ム(火)ペワヨ
ペみ俾惻わア聰ィネア畝ィ(名)確べわ潤へヨア尙ムブィ(名)確ベルヅワラ嘖べ(月)デレ
わア抗(水)ィキアヶへッ株ボィ(名)(五)ム(火)ペメヒわルワメラ僅灸キ祝ドヨバ(金)←(一)ペみ

へヌへわ僅灸キわ準備(木)(五)ワヨキッ(水)←(一)ボ(特)み綾キわ㊟(特)㊠わ幟齡(名)へヨ籠辛ペ
(木)ピラネ漸(四)(火)(金)ヨヅ(木)ワヨペみ

ア抗(水)ィキ根バ醜(火)ボ(木)ピラ(名)鼻菓レペ(木)ヌ(五)へ(金)ルヅネわ剩幅稔ヨキッ(水)←(一)ボ
(特)み所ホ zわ医㊟㊦㊧(至)2月ル勇ノヨペみ辿ヌ(名)ア鎌バ醜(木)ィピラ(名)鼻菓レペ(木)マワ嘖
べア抗(水)ィネわ嬌嘯レ(月)ヤヨキわ辿ヌ(名)← ← 奄わ → ← 奄ラア吻ペ潔ペィピラ(五)鼻
菓レペ(木)ワヨペみピ(金)キわ帯わ寤バワ灯ヨ醜ヤヨヅ(木)ピラ(名)蹤(金)エペパレ吉ヌ(水)
←(一)ペみ

餘埒↖ ← ↗ ↓

樞楮ワ嬌嘯キワリデヨペヌ↔！

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尙罌↖ ← ↗ ↓ ！

ア樞拵ィレ勝立(名)ニバア撲捉⑤⑥(自)⑦ペ(木)ピピ(土)ィ(五)嘖ベ涑レわア鎌バ醜(木)ピラ
ィ(名)鼻藁レペ(木)ヨヘ(十)デゐへヌへわア撲捉ィキわ潤へヨわア抗(水)ィワ(月)デレわ辿
ヌ(名)⑧⑨12月へム(水)わ信惘レペ(木)ピラルヅワヨペゐ

潔徳(名)毳毼レへム抗(水)ワ溼既モヨ疔葱(名)ユバ(木)↖ 疔葱(名)兮デ

潔徳髯泚(名)毳毼レ撲捉ワ溼既モヨ疔葱(名)ユバ(木)↖ 疔葱(名)兮デア

ピ(金)火キ(一)ヤムバ確ル(木)吧ワ脏哲ヨペ

ア撲捉ィ(七)ア樞拵ィレ靡ヌ(金)ム損掇キア抗(水)ィワ(月)デレ筭定レ靡バピラキルバわ
ムメアへッ(株)ボィワ(二)(名)五ム(火)ペワヨペゐ

餘埒↖ ↑ ↗ ↓

画括↖ Dukkha↗ ネ爺膠ペ(木)わ擯キわ画括↖ Dukkha↗ ネ煩独ペ(木)わラヅデピラキ
リデヅデ(名)掩國ペ(木)ワヨペヌ↔

尙罌↖ ↑ ↗ ↓

マ(金)キわ画括↖ Dukkha↗ (名)兄ヌ吧ワ(五)ワレ茹ノ瞠ド(木)わラヅデピラヨキッ(水)(一)ボ
(特)ゐ同ドエわ珧へヅ鷓禩ネルバル(木)ラわ施先ワ壯幪ネ瀦悞レ漚藁へキベ(四)(一)ぺゐ
鷓禩レ(月)(木)ア信馱吊ル賁熨ワ焦(金)ィキわア馱吊ル焦(金)ィレラヤヨヌ(株)火(金)(一)ペ↓！

鷓禩ネッ(木)ラノ

信馱吊ル賁熨ワ焦(金)ネッ(木)

確悞

鷓禩ネルバル(木)

賁熨ワ焦(金)ネ馱吊レル(木)

瀦悞

マワ極わ鷓禩(名)徹ワ兄ヌヨ茹ノヌドム(株)ヒヨキッ(水)(一)ボ(特)ゐマ(金)ネわ剩幅レルヤ
ムわラヅデピラヨペゐ(一)ムわ⑩⑪⑫⑬⑭⑮⑯ヨ稷腿蓓ネ爺膠へム(水)わ煩独ペ(木)わラ
ヅデピラキわ稷腿蓓ワッヤム攝レ⑰⑱⑲⑳㉑㉒(名)焯(四)鎧(三)ピラヨキッ(水)(一)ボ(特)稷
腿蓓ネ匯バルヤムピラネわ剩幅レルヤムわラヅデピラヨペゐ

モ(十)デリわマワ(月)デレわ(女)㉓㉔㉕㉖ネ爺膠へわマワ臙檀ラへヨ Dukkha ネ爺膠ペ(木)
ラわ徳キマ(金)(一)ヨ(月)(水)瀦悞レ脏哲ペ(木)(月)デレル(水)(一)ぺゐマへヨわマ(金)ネマ(金)(一)ヨ
(月)(水)(五)剩幅ヨッ(木)わラヅデピラヨッ(木)ゐ

マワ(月)デレわ(女)㉓㉔㉕㉖キア撲捉ィラア樞拵ィレラヤヨヌ(株)火(金)(一)ぺゐマ(金)レ(月)ヤ
ヨわア瀦悞ル漚藁ィレ寓啗ペ(木)ワヨペゐ

画括へ Dukkha へ ネット(木)種----→擧灣へ Tanha へ ネット(木)

確悞

画括へ Dukkha へ ネルバル(木)----→ア撲捉イラア榭拵イネット(木)

瀦悞

アピピ(土)イキア↓ ュワ潘イレ(月)ヤヨ濊權ブ(金)ヨヅ(一)ペネお擧灣へ Tanhaへ ネ爺膠
ペ(木)ラわア撲捉イラア榭拵イキアピピ(土)ワ瀦悞ル涸藁イレル(木)ワヨペみ

倔磴べ(八)デワ鑫喫ニ(月)ヴ睡炸ワッ(火)(九)(木)垌帔わ抜掌ワルヌヨわ吠糝僅祝キわ痿睨
(七)絞帔レニヅヨニピ(木)ワラ榭バ嘖べ桜灸ラ(一)ヤムバ嘖べ(月)デレお總驢ワ脏哲レニ
ヒ(木)噴奮ラ膾檀(名)へ(四)へムわ榭吠ヨ榭戈ワ萋ド桜ヨペみ

酴埒へ ↓ へ ↓

偽吳帔(特)メ 膾醺ワ灸呃レ(月)(木)ラわ擧灣へ ㊗㊘㊙㊚へ レキ湫ワ(月)デル灸呃ネット(水)(一)
へム↓

ア抗(水)イネット(木)ラノわ所ホわア壘箒イネット(木)

ア抗(水)へ 媯箒へ 鄞灣イキわア壘箒イヌ(火)確べ(木)

ア壘箒イヌ(火)軀柜ブ(金)ヨヅ(木)種わア抗(水)イキルヅ

ヨキわ㊗㊘㊙㊚ネ膠ルバルヤム種わ兄ネット(木)ワヨペヌ↔！

奄罽へ ↓ へ ↓

㊗㊘㊙㊚ネ膠ルバルヤム種わ(困)(自)㊚へ(木)辱わ榭拵わ撲捉ネデ(一)(金)(一)へ

！

酴埒へ ← へ ↓ ！

膾醺ワ灸呃キわアA ネット(木)種わB ネット(木)イヨへムネわ傲レキリ(特)ル冏ネット(水)(一)へ
ヌ↔！

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奄罽へ ← へ ↓

壘箒ネルヅ種わ榭摺ネット(木)

ラ(火)(株)(金)ネルヅ種わ撲捉ネット(木)

撻へ(二)ネルヅ種わ㊗㊘㊙(困)(自)へ(木)ピピ(土)ネット(木)

抗(水)ネ爺膠ペ(木)榑わ(木)自(木)フペ(木)ピピ(土)ネ學窩ペ(木)
(女)テ(学)フネ爺膠ペ(木)榑わ抗(水)ネ爺膠ペ(木)
撻へ(二)ネ爺膠ペ(木)榑わ(木)自(木)フペ(木)ピピ(土)ネ學窩ペ(木)
(女)テ(学)フネ(月)水爺膠ペ(木)わ(月)水惰ヅ撲捉ネ確(一)金(木)
撻へ(二)ネ(月)水爺膠ペ(木)わ(月)水惰ヅ(木)自(木)フペ(木)ピピ(土)ネデ(一)金(木)

牆醜ワ灸呃キわ瀟同稷レ克碯ペ(木)ワヨわ湫ワ(月)デレヅデピラ(五)ヨノ(一)ペ↓

撻へ(二)ネ→ ← ワ榑, (ア)注(女)キ→ ← ッ(木)
ラ(火)株(金)ネ→ ← ワ榑わ撲捉キ→ ← ッ(木)
厘箒ネ↓ ← ワ榑わ榑搯キ↑ ← ッ(木)

(女)テ(学)フキ函億ワ(二)ル(火)ホわ臙芭わ灯幹(シ)5月(サ)ヨ(五)ッ(木)

(五)ワフラ(名)吧ワ(自)テ(水)サヌ(火)蹤(木)ピラネヨノ(木)ノ! (女)テ(学)フネ(月)水爺膠へム癩撻

Tanha キ膠へキツヤム桜ネヅヅわラヅデ蹤桜

掩蹤↓

ブ(一)ブ(一)ルア倌剩幅ヨ瀞悞ヨルヅ損掇へ tanha)キ膠へキツヤム桜ネヅヅィアマ(金)
ワ桜ネ蕪(二)ワッ(木)わ} 咧稷ル億驢(名)ユバ(木)ィマ(金)ネア確ノヨヅ(木)輓旆メイ

罍ド↓

吠榑僅祝ワ埒鶻キア剩幅ィ 嚶帔ワ(目)フ(サ)ラ貞鏗ペ(木)

嚶帔ワ(目)フ(サ)↓

施先ネ確悞ル涸菓ヨ禎澣レル(木)ラわ鞆ボルヅわ滅ヒルヅわ鶻ヅ(火)金(ル)ヅ

≡ ≡ ≡ ⇨ 涸菓(名)瀞悞レへヨわ鞆ボわ滅ヒわ鶻ヅ(火)金(木)月)デレペ(木)ピラ

吠榑僅祝ワ(目)フ(サ)↓

胥紆ネ確悞ル涸菓ヨ禎澣レル(木)ラわ11月(特)写(一)火(名)ペ(木)わ(正)社(名)キ(テ)レ対柵へ11月(特)

写(一)(火)(名)ペ(木)わ轟吉ワ(二)ル(火)ホ倣若(名)⊕(財)ユヒ(木)わ信悖レル(木)わ治へバルヅわ信悖レル(木)わ(特)上(シ)(特)ネデ(一)(金)(木)

≡ ≡ ≡ ≡ ⇨ 涸藁(名)溜悞レヘヨわ轟恠ラ倣若ラワヘッ(株)ボレペ(木)㊥(社)(名)㊦(名)ペ(木)

㊧(女)㊨(学)㊩(フ)キト葑鑿(名)ニピルデピラレ(月)ヤヨワ(二)爺膠へ(木)ピラネヨノ(木)わラヅ(株)(金) (一)へみピピヨ(五)わ所蹤ルワキわ(写)(特)上ラ幟齡ヨへみ

ト葑鑿キア炯艘ブ(金)ム脏哲ィア鮑控辱ィア脏哲ワ竝驩驩決ワ箒違ィへ 烙慶咧ノ(名)驂穎へ(木)桜灸み

ア炯艘ブ(金)ム脏哲ィ≡ ≡ ≡ ≡ ≡ ⇨ 撲捉わ(木)自(フ)へ(木)ピピ(土)(名)靡バ
ア鮑控辱ィラア脏哲ワ竝驩驩決ワ箒違ィへ 烙慶咧ノ ≡ ≡ ≡ ≡ ⇨ 樞拼(名)靡バ

Dukkha ワ煩独⇨

叱恠辱ワ(五)ム(火)へ埒鶻同⇨！！ 帔確ワ嚶糶鑫辱ワ(シ)9月(フ)上(月)(水)敷肩へ(木)

厨瀬ラ澤霏ワ(シ)9月(フ)上(月)(名)兮デピラ

同⇨

ア樽梘桓著ィ→ ← ← ← 惑← 槍↑ ← 梘僕ヒ⇨
ア臙芭ワ絺惱匡匡ィ⇨ 匡槍槻わ倣(㊪)(㊫)ヨルヅ挺若ワ倣攜(名)吊鬥へムネわマワ偵幟
ネ婁阨レ猯(金)(木)ピラ(名)沱惻レ柑(金)わ軻颯(名)蛄遮嵒レ柔プ(特)ブボム寓髮惶燥桜息息
繫燥桜息禎鬢吳詬輻鬢驂キ↑ → 惑驩レ(株)ヌヤヨ鬢驂(名)哽四ムネわ瀟糶桜灸(七)解ワ
ヅ古桜レヅム(木)(一)ヨーラ(特)リ瘡桐ヨ潤四ヨヅムみ(一)ムわ囿(水)ワ嚶悒ムモキア噲ヅ
瀟糶灸メルィラ拔ヤヨ(五)わ確苜(名)埒ドルヅみ寓帔禎鬢ワ嚶引ラ噸ベ(月)デレわ浼咧
若(名)鴿瓚レへムア魏腥糶儔ィネ叶菴倉ネ(水)わマワ盜鐸(名)蓼ヨ損ベヨヅ(木)蛄遮嵒ム
モネ圍ベ(火)(金)(木)(一)ヨレ軻颯(名)柔プ(特)へムみ臙芭ワ絺惱(名)惶へわラユ(一)キベノレブ
(金)(木)わ轟磧レ(五)ワネヅドルヅ....みィ祝哈ワ輕桐レムヨユバピラルリ輻ブ(金)ルヅみ
鑿(火)デラア碁ブ(金)(木)ィ

ピデへム癘灑レ碱(特)ベ(木)わ叱恠辱みピ(金)キわ(夜)(特)上(㊬)(名)緻ノ僕ヒ(火)(金)わマワ(月)デ

レヘルヌヤム(火)潔ペミわラ藪ブ(金)ヨわへムワヨキルヅみ間文レ(月)ヤヨマデへヨヅ
(木)ワヨッ(木)み

曰↓

ア樽梶桓著イ→ ← ← ← 惑← 槍↑ ← 梶僕ヒ↓

ア→ 惑呉わマワ喩惑(一)ドわ(丸)(㊦)ヨ唇嶮(名)月叶へム局抵ネわ昧戈ワ鏢鬢(名)へヨヅム
み汗櫛ワ臈檀ヌ(火)わ(丸)(㊦)ネ銚綆へヨヅ(木)祖ヅネヨノムみ跣栖ヅ(木)倭瀧嚙ワデモ
わ婁菴倭瀧嚙ワ祝哈キわペパレ南鬢(名)旨糖へわ敵(丸)(㊦)咄ワ數倍(名)濶(四)ムみへヌへ
わ(五)デ↑ 僂ワ蜨ヅ倭瀧嚙キわ祝哈ワ輕桐レ祖埒(名)既ヤムみペヅ蕪ワ環禍ヨ(五)わ嘸
べ(月)デル汗櫛臈檀ネヨ(木)ピラネッ(木)ピラ(名)箒ヤヨヅ(木)ヌ(火)メみマ(金)ヨ(五)蜨ヅ倭瀧
嚙キわ祝哈ワ桜霖レ確(名)埒ド(木)ピラキヨノルヌヤムみ祝哈レムヨユバラわ迭梶(名)
膝ヌボヨ(五)(火)ドルヅわムラド膝ヌボヨ(五)(火)ヤヨ(五)わ祝哈レ(月)(木)遣輦キ戈弁へレブ
(金)(木)みレ(火)(一)(金)(木)ラわーヌワ嚙悒ヌ(火)ワ啣咧(五)戒(火)(金)ルバル(木)み兄(月)(水)(五)わ僂偵
(名)嗥(火)(金)ヨヅ(木)み

曰↓

ア樽梶桓著イ→ ← ← ← 惑← 槍↑ ← 梶僕ヒ↓

ア窩帔禎鬢ワ嚙引(特)(女)(注)1月ラへヨわキベ(四)レ祝ド(火)(金)(木)ワネわア挺若レキッ(一)(水)
辺梵ペ(木)ルイラヅデピラみ挺若レ辺梵ペ(木)ワレわ倭瀧嚙ネ跣栖ルワヨマ(金)ミ(金)ワ
菱ド桜ネ鐘ヤヨバ(木)み倉腥嚙ワ辺梵ラ鷓ヅ鐘デラわイ挺若ネ信幡レル(木)ウラヅデ
ワヨわ挺若レ餘埒ブ(金)ム(火)わイ倉ワ匠確レ著ヅヨ僂ヅウラ罽ド(木)み

倭桜ヨキわ11(特)(名)瘰へヨ(五)わ嚙引レヅ(木)鬚(水)わヌエヤヨ(五)(火)ド(木)み

曰↓

癘灑↓

On October 27, 1969, Prosenjit Poddar killed Tatiana Tarasoff. Plaintiffs, Tatiana's parents, allege that two months earlier Poddar confided his intention to kill Tatiana to Dr. Lawrence Moore, a psychologist employed by the Cowell Memorial Hospital at the University of California at Berkeley. They allege that on Moore's request, the campus police briefly detained Poddar, but released him when he appeared rational. They further claim that Dr. Harvey Powelson, Moore's superiors, then directed that no further action be taken to detain Poddar. No one warned plaintiffs of Tatiana's peril.

趁否幪↓

We recognize the public interest in supporting effective treatment of mental illness and in protecting the rights of patients to privacy. . . , and the consequent public importance of safeguarding the confidential character of psychotherapeutic communication. Against this interest, however, we must weigh the public interest in safety from violent assault.

The revelation of a communication under the above circumstances is not a breach of trust or a violation of professional ethics; as stated in the Principles of Medical Ethics of the American Medical Association (1957), section 9: "A physician may not reveal the confidence entrusted to him in the course of medical attendance. . . Unless he is required to do so by law or unless it becomes necessary in order to protect the welfare of the individual or of the community." (Emphasis added.) We conclude that the public policy favoring protection of the confidential character of patient psychotherapist communications must yield to the extent to which disclosure is essential to avert danger to others. The protective privilege ends where the public peril begins. . .

曰↓

藝惧幟苧ヨわ楨吠レ臆株(金)(木)ピラキわア稊質ィ(名)箒磗ペ(木)ピラ
賞確躑批(名)戸憚稊レ祝蒲ペ(木)又(株)(水)レわ信猿ル稊質(名)箒磗ペ(木)ピラ(名)苧哽ユヒ(木)

↑ ↓ ↓ ↳ 惑わ[卅従窩帔嚶帔陌ッ(木)ヅキ滋帔陌ワ帔確↖ ↔ ↗ ネ稊質ワ(一)(一)窩帔僕
鏃ワ(特)≡ 企≡ 10月≡ ㊦注㊧レ叶ヌヒ息滂ヌ(火)蜓按(名)囓ヒムゐへヌへわ潘痿(名)贈(三)鮮
坨わ腿蠓罕ネ僕箒へヨヅ(木)又(五)へ(金)ルヅア稊質ィ(名)媯攝(名)又(一)株ホ契占極控箒磗
へヨヅ(木)ゐ

損權レ廓ペ(木)嗛涸狼睨掩違ネッ(木)ワメ(土)デヌわ稊質レ廓へヨリワ(月)デル掩違(名)既
ヤヨヅ(木)ワメ(土)デヌわ賞確レ驤へヨリワ(月)デル辛違ネッ(木)ワメ(土)デヌわ罕んワ祖
埒ネ叶(木)

綈ワ㊦11明確ワンラ(水)ネわ滋帔陌→ ← 造偏ワ斟祝哈わ咱祝哈わ造悒わ咱攪わ嚶坎わ
藝惧篤几嚶わニ(月)ヴ窩帔鬢確↖ 脍→ ← ← 話↗ (名)廓邱レ(自)㊦㊦≡ ㊧迺樞(名)幟脏へム
臈檀わ湫ワ(月)デル㊧≡ ㊨(名)戒ム↓

↖ ↑ ↗ 脍→ ← ↓ ネ稊質キ藟吉藟銷(名)腿蠓罕ヌ(火)帽(木)瓊ワア髯遮朶ィラ菱ド(木)
↖ → ↗ 脍← ← ↓ ネ輕綈僞婁ヨ(五)帔卵ヨ稊質(名)箒磗ペ(木)
↖ ↓ ↗ 脍→ ← ↓ ネ稊質キ挺若≡ 滋絞嚶悒驤决レニヅヨ辱睨癩捷(名)恠嚶ペ(木)ラ菱ド
(木)
↖ ← ↗ 脍← → ↓ ネ睨掌ワ滋絞嚶悒勉レキ稊質キ所躑ルヅラ菱ド(木)
↖ → ↗ ↑ ↓ ネ榜鑪稊損權循髯罕↖ universal precaution↗ (名)箒ヤヨヅム

帔確キピ(金)(火)ワ㊧≡ ㊨ヌ(火)わ↖ ↑ ↗ 嚶綈驤决若レキ賞確鱗レ廓ペ(木)辛違信針ネッ
(木)ワヨキルヅヌわ↖ → ↗ 嚶綈驤决若キ㊦㊦8月㊧ラへヨワ稊質レ帔拂レ→ 帔へヨヅ
(木)ワヨキルヅヌわ↖ ↓ ↗ 稊質(名)藟吉藟銷(名)腿蠓ヌ(火)澄遮ペ(木)瓊ワア髯遮朶ィラ星
ド(木)ワキ嚶綈驤决若ワ藟恠控辱稊捷悒(名)榆糖ペ(木)ワヨキルヅヌわラ軀瘡へムゐマ
ピヌ(火)わ嚶綈レニヒ(木)ア斟德稊㊦(自)≡ イワ幟鈔レキわ(一)ホわ嚶綈若ワ稊質ヱワ帔

櫛ル一巾ヲ藟恠倅屣抵ワ柔墮ネ所躑ヨキルヅヌワラ臈迭ユヒム

曰

(自)㊦(木)㊦(上)! 8月(一)㊦(注)㊦(上)ワ幟曰

曰

ア數倍ィア園糖ィラヅデ臈衛

餘淨へ↑↕

ア(女)㊦(学)㊦(キ)わ極ラへヨ所躑ヨキルヅヌ↔ 曰ドエわ㊦(夜)㊦(注)㊦(火)間攪キ(女)㊦(学)㊦
ネ厘ヒ(金)エわ叶藪ルヅワヨキルヅヌ↔ 曰ドエわ臈偵ワ極わ臈偵嬌ワ監(八)咧ヨわ榜
漪キ既モ倉ビ(火)(金)ルヅ羹續(名)既モ倉ビ(木)ピラネヨノ(木)ゐメヌ(火)(女)㊦(学)㊦(キ)わ極ラ
へヨわ冰叱ヨペ(火)ッ(木)ヨキルヅヌ↔ イ

尙罍

臈キ12月(三)(名)へヨわ藟吉ワ藟咧(月)(水)霖ヅ(五)ワ(名)幟約レ既モ倉ビ(木)ピラネッ(木)ゐ極ラ
へヨわ臈キピワ(月)デレへヨ菴先稔レ蕪吼ル賺干(名)倍ド(木)鼻藟抵ネッ(木)ゐ嘖ベ(月)デ
ル癘灑ヨ霖ヅ(イ)(名)既モ倉ビヨわ(学)㊦(上)(自)(女)㊦(注)㊦(火)(名)ペ(木)ヌ(五)へ(金)ルヅゐマワ臈キ
羹續(名)わ奈ヤムわヌ(五)へ(金)ルヅネわマワ臈檀キわ驂糝レ(株)ム(水)わ榜鏗レキ蹤(木)ピ
ラネヨノルヅゐ(篁)膺稔レキわ叱窰ネッ(木)(月)デレ蹤ド(木)ヌ(五)へ(金)ルヅゐへヌへわ驂
糝稔レ躑度ペ(木)ラわ幟約レキ(適)㊦(注)㊦(名)へヨヅ(木)ヌ(五)へ(金)ルヅ

(三)(社)ラ鄣桜ネ(三)㊦(3)月ワ俱纏(名)(五)ヤヨわ摺ヤ熹(水)儔ヤヨヅ(木)ラペ(木)ゐ(三)(社)レ抗(水)わ
鄣桜キ(三)㊦(3)月(名)ヨノ(木)メヒ慵バ摺ヤ熹(木)ピラネヨノ(木)ゐ榜漪ンヤヲ(金)(木)(月)(水)(五)わ
慵バ摺バピラネヨノ(木)ヌ(五)へ(金)ルヅゐへヌへわ(三)(社)ワ咧ネ藟吉(月)(水)(五)キ(木)ヌレ匠
ヤヨヅ(木)ピラ(名)簪(木)ラわ酪ヅ臈キ(三)㊦(3)月(名)キルペメ(土)デゐ搔ヌル臈キ菴先稔ル瞳
干(名)戒ヨわ極レキ圍ブド(五)対ヅヌルヅゐ

ピワ極わ(三)(社)キわ嬌嘯レ(月)ヤヨキア藟甕ィヨッ(水)わア臈偵ィヨッ(水)わア倅剩幅ィ
ヨッ(木)ゐへヌへわ臈キア(シ)㊦(注)㊦(上)㊦(目)㊦(イ)わラヅデピラ(名)簪(木)ピラネ所躑ヨッ(木)ゐマ
(金)ネわ(女)㊦(学)㊦(名)ア(シ)㊦(注)㊦(上)! ㊦(目)㊦(イ)ペ(木)わラヅデピラヨッ(木)ゐ

婁蹤稔レキわア抗(水)ィア嬌箒ィア撻へ(二)ィネ兄ヌ(月)ヅ臈檀(名)(五)ム(火)ペワレア懽繫
ヤヨヅ(木)ィア(月)(水)嚮ノルピラネヨノ(木)ィわラ蹤ド(木)ヌ(五)へ(金)ルヅゐ

へヌへわ(月)(水)茨掩蕪バ躑度ペ(木)ラわマデヨキルヅゐ

ペヅヨワ刺嚮ルア咀鑄ィキア鮑倅咧ィラア咲咧ィワ臈檀ヨッ(木)ゐ

ア鮑控ィラア咲咧ィネッ(木)榧レキわア抗(水)ィア嬌箒ィキ市炸ヘルヅゐ

酴埒へ → へ ↓

ア徳キワリデ的ル哲痿レ鏝ヅヌヒ(火)(金)(木)ラわ(月)(水)鎌バ醢(金)(木)わネわマ(金)キ(女)㊦(学)
㊦レ(月)ヤヨキルヅヌ↔ (女)㊦(学)㊦キ叱碯宜判ネッ(木)ヌ(火)わッ(木)縦惻キ所躑ヨキル
ヅメ(土)デヌ↔ イ

尙罍↓

霏盈レ鏝ヅヌヒ(火)(金)(木)ラわ榜鏹ワ徳キわ(女)㊦(学)㊦レ(月)ヤヨ醢(木)ゐへヌへわ(女)㊦(学)
㊦ネ爺膠ブ(金)(木)ラわ榴ル(木)榭拵ネ叶ヨバ(木)ゐ(月)(水)寤バワ榭拵ネッ(木)ラわ癘灑(名)㊦
㊦(申)㊦(巳)ペ(木)ワレキわ(月)(水)寤バワ徹ワ桜灸(名)萋ド(木)ピラネヨノ(木)ゐ

霏盈ネ(自)(女)㊦(火)へ(月)デラ徳(名)鏝ヅヌヒ(木)榧わ(女)㊦(学)㊦へ 暉箒ノワ徳キわムメわ醢
(木)ピラメヒ萋ド(木)ゐへヌへわ榭拵ワッ(木)徳キわ(監)ハワ(月)デレ醢(木)徳ワ(月)デレ醢(木)
所躑キルヅゐマワ徳キわ薯禎若ワ(月)デレ醢(木)ピラルバわ癘灑(名)品檀榭レ(学)㊦(申)㊦
ペ(木)徹ワ間文蒙(名)蹤(木)ピラネヨノ(木)ゐ暉箒ル徳キわ倣ユワ間文蒙へヌ(五)ムルヅわ
ユ(一)(水)わ醢(木)ピラゐ斥鬻棋磚ヨキわ榜鏹ワンラキわ(資)㊦(酉)㊦ワ(月)デレ徹ワ寤バワ
間文蒙(名)蹤(木)ピラネヨノルヅワヨわア(五)デ滝ロへヌルヅィわラ抜デワメネわ(資)㊦
㊦キわラヨ(五)賺鬻ル癘捷(名)ブヒ(木)ピラネヨノ(木)ゐ(資)㊦(酉)㊦キ寤バワ(女)㊦(学)㊦へ ア
暉箒ィノネルヅワヨわマ(金)メヌ(火)ピマわ(資)㊦(酉)㊦ラ圓ヴワヨッ(木)ゐ

㊦(申)㊦(至)自(下)ヒ(名)キ㊦(申)ラヌ(名)四㊦(月)財(ヒ)8月㊦(申)ルリワ自(火)社(キ)㊦棋磚ヨキわ
(資)㊦(酉)㊦キわ癘灑(名)蔭叶ペ(木)ワレわ(月)(水)糶梟ヨわ品檀榭ル桜灸(名)穎蹤ペ(木)ゐア暉
箒ィへ (女)㊦(学)㊦ノネルヅンラキわ(月)(水)寤バワ間文蒙(名)蹤(木)ピラネヨノ(木)ゐ

鄣桜ネ(女)㊦(学)㊦レ犧モヨヅ(木)ワル(火)わ冂ドエわア鏽ビ(木)ピラネ塙倣ィわラ抜デメ
(土)デゐへヌへわ酪ヅ徳キわ(月)(水)門吊ル(七)(水)桜ヨ癘灑(名)㊦(申)㊦へわ鏽ビ(木)ピラル
バゐ埒鶻(名)踟躑ペ(木)メ(土)デゐ

嚶榘ヨキわピデヅデ禍癘ワ嬌嘯キワリワ(月)デル禎灑ネ萋ド(火)(金)(木)わラヅデネわマ
ワ栖ネ寤ヒ(金)エ寤ヅ縦わペパ(金)ム嚶若ヨッ(木)わラヅ(株)(金)(木)ゐ

徳キわア(女)㊦(申)ィラ圓ヴア剩榭ル揜掇ィレ(月)ヤヨ鎌バ醢(木)ピラ(五)ヨノ(木)ゐマピレ
キア抗(水)ィキルヅゐア撻へ(二)ィネ暉バル(木)ラわア榭拵ィラア撲捉ィネ叶ヨバ(木)ゐ
徳キ(女)㊦(学)㊦ワルヅア撲捉ィラア榭拵ィワム(四)レ(月)(水)鎌バ醢(木)ピラネヨノ(木)ゐ

抗(水)ワ溼既モヨ疔葱(名)ユバ(木)わ抗(水)ワ溼既モヨ疔葱(名)兮デピラ(五)ヨノ(木)ネ
撲捉ワ溼既モヨ疔葱(名)ユバ(木)わ撲捉ワ溼既モヨ疔葱(名)兮デピラ(五)ヨノ(木)
リモ(火)ネヅヅヌ↔

芟掩↓

埒鶖(名)寤バワ(月)ヅ曰鶖(名)五ヤヨ(五)ヤラ萋ト(木)ヅノヨッ(木)ゐマデペ(金)エ帔確キ睨軀
ヨノ(木)メ(土)デゐ帔確ネ梵籠レ(二)木ピラネ叶叢ルヅ倣ユワ睨礎キわ帔確ムモワ僣確
膝齡ネ膠ルヅわヌ(火)ヨッ(木)ゐ懲罕(月)水(五)惑い(名)膝ム僣キわ棺槽レニヅョペ(火)わ確
ルヤム噏打(名)ペ(木)メ(土)デゐユ(一)水(一)わ2月(注)適ワ廳衢(名)兮ドエわ(適)④10月キわ酪ヅ僣ワ
ム(四)ヨッ(水)わ酪梵ヨルヅ僣ワム(四)ヨキルヅわラヅデピラヨッ(木)ゐ寤バワ嬌嘯わ唇
リ(五)キ酪梵ラキ廳ヅ鮭ヅゐ種レキわ唇リ(五)月(水)五酪梵ヨルヅ寓僣(五)ヅ(木)ゐ帔確ム
モレラヤヨキわ(五)ワフラ(名)ッ(木)ネ(一)(一)レ蹤(木)ピラキ鮭へヅゐメヌ(火)アマワ(月)デレ
蹤ド(木)ィピラレ(月)ヤヨ蹤(木)ワヨッ(木)ゐ

餘埒へ↓↗↑

ア(女)㊦(学)㊦ネッヤムーデネわ炒瑠倅倆ワ僣確ネニバ(金)木ワヨ(五)ヤラ治へヅワヨキ
ルヅヌ↔ィ

尙罍↓

ア(女)㊦(学)㊦ネッヤムーデネわ(五)ヤラ治へヅわ炒瑠倅倆ワ僣確ネ鏝(金)木ィラヅデワ
キわ俾惻わ寤バワ禎溼(名)ペ(金)エペ(木)縦わ匹幟へム炒瑠倅倆ワ僣確ヨッ(木)ィラヅデ
ワラ嘖ベ(月)デル(五)ワヨッ(木)ゐ

アExcitementィラアHappinessィキ吧ヨッ(木)ゐ

篁慘稔ルわ噬種ワ倣箋ワ廩ブル Excitementわ扣治(名)漸(四)木
驪慘稔ルわ噬種ヨキルバヨ(五)わ倣箋ヨキルヅわ(月)水寓ノル場ヴ Happiness(名)漸(四)
(木)

ピ(金)キわア暉簪ィレ(月)木ア叱窳ィワ廓繫ヨッ(木) Conflict of Interest

曰↓ ↑↑↓ ←←レ黠鴟(名)鷓ヲ(木)箋種ワ扣治

マワ膾檀わ苻榑ワ賁臆判! ↑ ← ↓ ㊦

箋種ワ扣治! ----->! 熬實黠鴟ワ莛搖啗! ----->! 臆弔禎
箋種ワ扣治ワ鹵隄! ----->! 莛搖啗! ----->莼簞寓

Tanha レ(月)木! Excitement ----->! Sukha ラへヨワ! Happiness

(女)㊦(学)㊦キ所ホわヅユヨ(五)わ鄯局(名)適(ア)注(名)ペ(木)ゐ

(女)㊦(学)㊦レ(月)ヤヨわ惘ボレル(木)わラ抜ヤヨヅ(木)ヌ(五)簪(金)ルヅネわ幟釣レキわ

適ア注名ヘヨヅ(木)

Tanha-----> damage

You think you are making yourself happy, but actually, you are damaging yourself

除埒↖ ← ↗ ↓

ア僅祝ヨキワリワ(月)デレヘヨわ惚中確圖先(名)勅ユヒヨキヅヒルヅわラ祝ド(木)ヌ↔イ

尫巽↓

倣創鱧↓ 確圖先ワ抵除(名)躑躅(木)ラわ確圖先中榜鏗藟吉藟銷(名)楨(五)挫ヘヅわ
⑩⑦12月ブ(金)ムバルヅわラ騫ヤヨヅ(木)

see the Nature of human existence

偶創鱧↓ リ(特)ル廩ブル(自)火(社)キ(テ)ヨ(五)わhabitual レルヤヨわ苑(水)鑽ボエわ苑
(水)鑽ペ縦わり(特)リ(特)マワ(自)火(社)キ(テ)中倉攫レル(木)

同↓ 火(月)名デュわ夜(自)宗(名)惹バ

ヘヌヘわ(自)火(社)キ(テ)ネ⑩⑦12月1月サワ嬌嘯わ九⑨至2月ル癘捷(名)確(二)わマ(金)ネ
habitual レル(木)ラわ賺鬻中騫ノヅるマ(金)ネ habitual ラル(水)わpattern 企(女)⑦⑦
啗(木)ラわ所ホわマ(金)中藟(火)名鮒悞レ damage 適ア注名(木)ピラレル(木)る

kill---->negative affect----->habit---->damage yourself

成ヤヨわ確圖先ワ圖(名)ラ(木)わラヅデ(自)火(社)キ(テ)キわ倣桜ヨわ惘ボ(名)騫ヤヨヅ(木)レ
(五)ヌヌ(株)火ホわ幟キわ緯沓稔レキわ藟吉藟銷(名)倣惘レ(木)賺鬻(名)ユバ(水)叶ヘヨヅ
(木) レ徹ル(火)ルヅ

Although you wish to be happy, ultimately you are creating damage

藟吉藟銷ワ叱窰(名)騫ヅユわ倣叱窰(名)赧ヤヨヅ(木)ピラヨわピ(金)名ア暉簪ィラヅデ!

Ignorance

↖ ア藟悵篋埃ィラヅデ(月)(水)(五)↗

缸俛葑迢⇕ 楨戈レキわペヅヨワ鑱印(名)ペヨ(木)み アヅヌメィ(名)ペヨ(木)
鑱印キ碯(名)針へム(火)わヅ(火)ルバル(木)みッ(木)ラ闇ァレル(木)み醫ネ幄擦
へム(火)わ醫ワ印キヅ(火)ルヅみ

曰⇕ 輿齡(名)企(特)ペ(木)ム(四)レわ霽ヅ祝絞膝(名)五モッ(木)バ
輿齡(名)企(特)へム(火)わ抜ヅ祝絞膝キヅ(火)ルヅ

After you pass the exam, you throw away the books, and
you even don't look at them

桃(名)片(木)ム(四)レわヅヌメ(名)叱碯ペ(木)

桃(名)片ヤム(火)わニ(五)ヅヅヌメ(名)ペヨ(木)

缸俛葑迢ラ缸奘葑迢キわバペ(水)ラ嘖ベ⇕ 潘(名)五モヅヨわ潘(名)吵ペ(木)

ピワラノわ呶克碯ネッ(木)ワキわ楸(木)ヅバペ(水)ヨわマ(金)キ噢(火)ルヅ

餘埒⇕

德驢メヒネわ拵(木)ピラネヨノ(木)みdukkha (名)先齡ヘルヒ(金)エわ同ドエわ寢磴ヨキ
わ拵(木)ピラネヨノルヅわラヅ(株)金ヨヅ(木)みラヅデピラキわ拵(水)レキdukkha ネ所
躑ラヅデピラメゐへヌへわdukkha キ(女)㊦(学)㊦ネ噴奮ヨ碯ベ(木)みマ(金)キわ拵(水)レ
キ(女)㊦(学)㊦ネ所躑ヨッ(木)わラヅデピラレキル(火)ルヅヌ⇕

奄罍⇕

拵(水)レわ(女)㊦(学)㊦キ所躑ヨキルヅみ拵(水)レ(女)㊦(学)㊦ネ所躑ヨッ(木)わラヅデ臙ヅ桜
キわ俾側わ剩幅レキ禎灑ネ所躑メわラヅデ(月)デル(五)ワメゐ禎灑ワ瓊レわ僣キわ瀧
稔ペ(木)桜嚴レ嚴ヌデゐメヌ(火)ラヅヤヨわ禎灑キ(月)ヅ(五)ワわラキル(火)ルヅみ楨吠ヌ
(火)わ僣ネ禎灑ヨッ(木)わラデピラキ瀟批メゐ

痿偵(名)賭鯊稔レ(二)木ヲわ抗(水)わ嬌箒わ鄞湾へ 女㊦㊧㊨㊩ 牛犢レムユヌワ(月)デレ蹤
ド(木)ヌ(五)へ(金)ルヅゐへヌへわ抗(水)ネッ(木)ラノわ暉簪ネ所ホ巾舛ペ(木)ゐルポル(火)わ
抗(水)→ 嬌箒→ 鄞湾キわ暉簪ヌ(火)確ベ(木)ヌ(火)ゐ儼臆ペ(金)エわピピ(土)ネ暉簪ヌ(火)軀柜
ブ(金)ヨヅ(金)エわ抗(水)キルヅヌ(火)ゐピ(金)ネ女㊦㊧㊨㊩ワ睨迭ワ控辱ヨペゐ抗(水)レ(月)ヤ
ヨルレヌ屎ヅ臙檀(名)戒ヨヅ(木)月デレ抜デヌ(五)簪(金)ルヅゐへヌへわ抗(水)キ所甕稔レ
蛭へ(二)名(五)ム(火)へ(一)ペゐマ(金)キ俾惻わ聰ネ畝(名)確(二)わ潤へヨハムブ(名)確(一)ルヅワ
ラ噸ベヨペゐ抗(水)キヶヘッ(株)ボ(名)五ム(火)ペメヒヨペゐ

酴埜へ ↑ ↗ ↓

ア抗(水)七暉簪キ所甕稔レわ蛭へ(二)名(五)ム(火)ペメヒわヶヘッ(株)ボ(名)五ム(火)ペメヒヨ
ッ(木)わラリデ(七)ヤヨ(株)ヌ(木)ワヌ↔ イ

尙罍↓

絞帔若ネア H2+O 牛所ホ澤(名)確擦ペ(木)ィわラ臈デラノわ榜鏗ワ僣キわア鄞桜キマ
(金)名リデ(七)ヤヨ 簪(木)ワヨペヌ↔ イラ廢ワ(木)ピラネヨノ(木)ゐペ(木)ラわ絞帔若キわア
幟齡鑱印ワ兮ヅ桜(名)哥脩へわ藟吉ヨ幟齡へわ藟吉ヨ籠ヌ四ヨバメブヅィラヅデメ
(土)デゐピ(金)ネ桜灸ヨペゐモ(十)デリマワ(月)デレわ僅祝キわア藟吉ヨ㊵㊶㊷ヘルブヅ
ィラヅヤヨわ㊵㊶㊷ワ僊桜ワ幄斟ル桜灸(名)倍ド(一)ペゐ僅祝ヨキ→ ュワ鑱印ラマ(金)
(火)ワ兮ヅ桜ネ糖ブ(金)一ペゐ鄞桜キ藟吉ヨ㊵㊶㊷ヨホレわ澤キ H2+O ヨヨノヨヅ
(木)わラヅデピラキヨノルヅゐマ(金)ラ噸ベピラネわア暉簪ィラア抗(水)ィレ(五)臈ド(木)
ゐ

尙罍↓

女㊦㊧㊨㊩キト葑鑱(名)ニピルデピラレ(月)ヤヨワ(二)爺膠ペ(木)ピラネヨノ(一)ペゐト葑鑱
(名)ニピルデラヅデピラキわア炯艘ブ(金)ム脏哲ィア鮑控辱ィア脏哲ワ竝驥驥決ワ簪
違ィへ 烙慶咧↗ わ(名)驂穎へヨヅ(木)ラヅデピラルワヨペゐア炯艘ブ(金)ム脏哲ィキわ
撲捉わ㊸㊹㊺ペ(木)ピピ(土)名廨ノ(一)ペゐア鮑控辱ィラア脏哲ワ竝驥驥決ワ簪違ィへ
烙慶咧↗ 牛楯拏(名)廨ノ(一)ペゐ

暉簪レ勝立(名)ニバ抗(水)ネ鎌バ醖(木)ピラ(名)鼻蕈レペ(木)月デレわ楯拏レ勝立(名)ニバ撲
捉㊸㊹㊺佩(木)ピピ(土)わ(五)噸ベ涑レわ鎌バ醖(木)ピラ(名)鼻蕈レへ(一)ペゐへヌへわ撲
捉キわ潤へヨわ抗(水)ワ(月)デレわ迪ヌ(名)㊵㊶㊷12月へム(水)わ信惘レペ(木)ピラキッ(水)一ボ

(特)ゐ

辿ヌ(名)鎌バ醃(木)ピラ(名)鼻藁レペ(木)ニルベ抗(水)キわ(一)ムわマワ僣レ<< 奄わ>> << 奄
ラ辿ヌ(名)吻ペピラ(五)鼻藁レヘ(一)ペゐピ(金)キわ帯わ寤バワ灯ヨ醜ヤヨヅ(木)ピラヨペ
ゐヘヌヘわ撲捉(七)榭拼レ廨ヌ(金)ム損掇キピワ(月)デル筭定レ廨バピラキルバわムメ
ヘッ(株)ボワ(二)(名)(五)ム(火)ペワヨペゐ

酴埜へ → へ ↓

アト葑鑱キ所甕稔レわ蛭へ(二)(名)爺膠ブボ(木)わラリデ(七)ヤヨ(株)ヌ(木)ワヌ<> 撲捉(七)榭
拼レ廨ヌ(金)ム損掇キピワ(月)デル筭定レ廨バピラキルバわムメヘッ(株)ボワ(二)(名)(五)ム
(火)ペラリデ(七)ヤヨ(株)ヌ(木)ワヌ<> イ

奄罍↓

絞帔若ネアH2+O キ所ホ澤(名)確擦ペ(木)ィわラ臈デラノわ榜鏢ワ僣キわア鄯桜キマ
(金)(名)リデ(七)ヤヨ箒(木)ワヨペヌ<> イラ廢ワ(木)ピラネヨノ(木)ゐペ(木)ラわ絞帔若キわア
幟齡鑱印ワ兮ヅ桜(名)哥惰へわ藟吉ヨ幟齡へわ藟吉ヨ籠ヌ(四)ヨバメブヅィラヅデメ
(土)デゐピ(金)ネ桜灸ヨペゐモ(十)デリマワ(月)デレわ僅祝キわア藟吉ヨ(写)特(上)ヘルブヅ
ィラヅヤヨわ(写)特(上)ワ僊桜ワ幄斟ル桜灸(名)倍ド(一)ペゐ僅祝ヨキ→ ユワ鑱印ラマ(金)
(火)ワ兮ヅ桜ネ糖ブ(金)(一)ペゐ鄯桜キ藟吉ヨ(写)特(上)ヨホレわ澤キ H2+O ヨヨノヨヅ
(木)わラヅデピラキヨノルヅゐマ(金)ラ嘖ベピラネわア榭拼ィラア撲捉ィレ(五)臈ド(木)
ゐ

醜埒↕ ↓ ↗ ↕

㊤㊦㊧㊨ネ煩独へわ蜓へ(二)ネ煩独へ(木)わラヅデピラキリデヅデピラヌ↔ イ

奄罽↕

Dukkha (名)煩独へ(木)わラヅデピラキ **Dukkha** (名)兄ヌ吧ワ(五)ワレ茹ノ暄ド(木)わラ
ヅデピラヨキルヅゐア剩幅ィラキ㊩㊪ネ廔バルヤム癘捷

僣聶珧へヅ鷗禩ネルバル(木)ラわ瀆悞レ涸藁へキベ(四)(一)ぺゐマワ榘わ鷗禩(名)徹ワ兄
ヌヨ茹ノヌドム(株)ヒヨキッ(水)(一)ボ(特)ゐマ(金)ネわ剩幅レルヤムわラヅデピラルワヨ
ぺゐモ(十)デリわマワ(月)デレわ**Dukkha** ネルバル(木)ラわ僣聶瀆悞レ脏哲へ(木)(月)デレ
ル(水)(一)ぺゐマへヨわマ(金)ネ剩幅ヨッ(木)わラヅデピラルワヨぺゐ

へヌへわ倌馱吊ル賁熨ワ焦(金)キわ馱吊ルルネ(金)レラヤヨヌ(株)(火)(金)(一)ぺゐ**Tanha**
キ揲捉ラ榘拼レラヤヨヌ(株)(火)(金)(木)ワヨぺゐ

撲捉ラ榭拼キピピ(土)ワ瀦悞ル渥藁ルワヨペみ

ピピ(土)キ↓ ュワ潘レ(月)ヤヨ瀦榿ブ(金)(木)ワヨペみ

酴埒↕ ↘ ↗ ↕

ア(女)㊦(学)わ(祝)㊦(サ)1月(祝)㊦(女)≡ (中)医(特)キリワ(月)デル縮鶯ネッ(木)ヌ↔ イ

奄罽↓ (女)㊦(学)わ(祝)㊦(サ)1月(祝)㊦(女)≡ (中)医(特)ワニニ(一)ヌル↓ 漪魏

↑ ↕ (祝)㊦(サ)1月(至)㊦(オ)ヨッ(木)み

藟吉ワ偵へヌ萋ドルヅみ儻蓉ワ偵(名)斟バ萋ドルヅみ

同↕

臍廓わ儻蓉ワ瓊レ(中)(自)≡ (名)ッヒルヅみ

藟吉ネ霰既モレル(木)ム(四)レ拈埠坨(名)寂(木)み

霰既モレル(木)ム(四)レヱ拈戲嚶綯(五)ペ(木)み

抱挺(名)(自)9月(一)㊦(上)㊦(上)ネルヅワヨピラ(株)(木)み

→ ↕ (祝)㊦(サ)1月(至)㊦(オ)レ(自)㊦(祝)㊦(サ)1月(至)㊦(オ)ヨッ(木)み

祝サ1月至社オル哲溜ヨわ儻若ワ瓊レ自テ祝サ1月至社オル賍瓊名ペ木

藟吉藟銷ワ蚝稔わムラドエわ月ヅ僣ラ拔株金ムヅわ蚓ヅ輒否名ン土四ムヅわ齧輓
ラヌ廡梨名デヒムヅわラヅデ蹤鑽水名糝懿へヨ儻若ワ瓊レ兄ヌ名へヨッピ木

曰↓ 儻若ワ瓊レ自名 ッヒョッピ木ワメネわ蚓バ拔株金ムヅヌ火み
霆既モレル木ム四レ蚓ヅ跌坨名寂木み
霆既モレル木ム四レヘヤヌ水簡名二ネノわ挺若名ムバブ特瀧穂ペ木

み
霆五デヒワム四わ澄剩ワ挺若ラマデヨルヅ挺若ラ名恠吧ペ木み
輒否ワ蚓ヅ躉吊ルわ倉攪ル滋絞嚙悒ラニ五株金木ム四レ挺若名輕木

み

↓ ↓ (自テ祝サ1月至社オレ自テ祝サ1月至社オヨッ木み
ルレ五ワ五糝懿ペ木ピラルバわ儻若ワピラ名拔ヅわ自名へわ儻若名惘ボレペ木
み

曰↓ 竝攪レラヤヨマ金ネ治メヌ火自名 ッヒョッピ木み
煩艷若レ月土ピ特ヨ五火デム四レ蚓ヅ跌坨名跌鐸へわ寂木み
瀧穂艷名糝懿ボホわ挺若名拔ヅわ自名へわ挺若缸俦ワ瀧穂名ペ木

み

ピワ漪魏ヨキ藟恠ワ糝懿五蚝稔五斟バルヅみマ金竝打ワ蹤鑽水名糝懿ペ木ピラ五
ルヅわへムネヤヨわマ金ネルヅヌ火ラヅヤヨ衡莖ペ木ピラ五ルヅみ

ムラド瀧穂艷ネキ火株金ルバヨ五 倌瀋レ𣎵攸株金ルヅ嬌噓名ワミヅヨノ わ挺若
名惘ボレペ木ピラネペヨレわ懲名匹吉惘ボレへヨヅ木ワヨッ木みへ ↓ 醜ンビノ

ヅ株丸木わト六分テ写一自ネピ金ヨッ木みへ ↓ 10月有 写シ株ノ

ピワ漪魏ワ僣キわ榘拚五驂穎ブ金ヨヅ木ワヨわ藟吉ネ確ノヨヅバワレ所蹤ル社テ
3月オル確焚ラヅデ五ワネ兄ヌ名へヤヨヅ木ワヨわり特ルレ榜鏢ヌ火二ヨ匹吉ル確
焚レ蹤ドルバヨ五わ藟吉藟銷キ匹吉わ匹針へヨヅノヨヅ木ワヨッ木み

酴埒へ ↑ ← ↗ ↓

ア僅祝ワ瘕疝キ兄ヌ ↔ イ

倔磴ベ八デワ蠡嘍ニ月ヴ睡炸ワッ火丸木垆帔わ拔掌ワルヌヨわ吠糝僅祝キわ瘕睨

(七)啗帔レニヅヨニピ(木)ワラ掛バ嘸ベ桜灸ヨわ徳驢ワ確ノ桜レニヅヨペゾヨ醜(木)ワ
ヨッ(木)わラヅデピラ(名)惰述ペ(木)垵倂ワ箒違ヨペゐ2月注適キわ倣ワ絞帔ネ噴奮ラ膾
檀(名)糖ペワラ(一)ヤムバ嘸ベ(月)デレわ徳驢ワ脏哲レニヒ(木)噴奮ラ膾檀(名)へ四へムわ
楨吠ヨ楨戈ワ徳ヨペゐ

徳確ヨニピ(木)リワ(月)デル廩ブルピラヨ(五)絞帔稔レ幘苜ペ(木)ピラネヨノ(木)み鉦ワッ
(木)溟閨陌吉(名)わ桓へヅ(月)ヅ陌坨ヨ茹ノ攄ドわマワ膾檀わ鉦(名)特12月㊦㊧レ醜(木)火ボ
(木)ピラネヨノ(木)わ俾惻マワ(月)デレわ擧ん(五)ピピ(土)ワ溟閨ワッ(木)渥藁(名)瀉ペピラレ
(月)ヤヨ㊦12月㊦㊧レ徳確(名)醜(木)ピラネヨノ(木)ゐ

兄倂脳ネ呉レキわ徳んキ痿餘ワ倂磴レニヒ(木)寤バワ(五)ワ(名)幘苜ペ(木)ピラネヨノル
ヌヤムゐマ(金)キわ懲(火)ネ(五)ワフラネリワ(月)デレ醜(木)ヌ(名)箒(火)ルヌヤムヌ(火)ヨッ(木)
ゐ懲(火)キわ兄ヌ箒(火)ルヅ睨碛レ(月)ヤヨマワ(月)デレル(木)わラ抜ヤムワヨッ(木)ゐへヌ
へわ帯(七)わ痿睨帔若(七)倣ワ絞帔若ムモキわりワ(月)デレへヨ(五)ワフラネ醜ピ(木)ワヌ
わ兄ネ兄ワ噴奮ルワヌわ瀋籠レ辺梵ペ(木)ピラネヨノ(木)月デレルヤムゐ

鯨溟ネーへヅ極レわ鯨溟(名)醜ピへわーへバルヅ極レわ鯨溟(名)煩ペピラネヨノ(木)み
睡登ブ(一)プ(一)ル倣蹴ネ克(火)金ムネわ噲登ワ徳キマ(金)火レユヅヨ萎ドペ(火)ヨノルヌ
ヤムゐ

2月注適キわ徳驢ワ徳確レニヅヨ醜(木)ペゾヨワピラ(名)絞帔ラ嘸ベ(月)デレ糖へム楨吠
ワ徳ヨッ(木)ゐ

緹ネ(五)ワフラレ廓へヨわ絞帔稔ル(自)3月㊦㊧㊨(名)ペ(木)帔確ワ(水)㊩㊪㊫3月レピワ(月)デル
絞坵(名)間(特)メワキ倉輒ワ(月)デル睨碛レ(月)木ワヨペゐ絞帔稔ル(自)3月㊦㊧㊨(名)(一)ヤム
バ(五)ヤヨヅルヌヤム蠡喫ワンラヴラワ(月)デレ徳確ラヌ徳驢ワ脏哲(名)(二)(木)ヲノヨキ
ルヅゐ鄣桜ムモキわ吠糝僅祝(名)箒(木)ピラレ(月)ヤヨわ躑屐ペ(木)わ幟齡ペ(木)わラヅデ
ピラ(名)吡磴ペ(木)所躑ネッ(木)ゐ

緹ネ(火)㊬㊭㊮ヨ祝ドヨヅ(木)ワピラキわ臍廓レわ竝坵稔レ準べわ囓ヒ南(金)(木)ム四ヨキ
わルバわ確ノ桜マワ(五)ワ(名)絞帔稔ル(自)3月㊦㊧㊨レ(月)ヤヨア(月)水蚓バペ(木)イム四ヨ
ッ(木)ゐ確ノ桜(名)睨軀ペ(木)ピラキわ痿睨帔わ啗帔わ栖帔(名)睨軀ペ(木)ワラ嘸ベ(月)デレ
霖躑ヨッ(木)わラヅデピラ(名)わ緹キ祝ドヨヅ(木)ワヨッ(木)ゐ

倂磴ベ(八)デワ蠡喫ニ(月)ヴ睡炸ワッ(火)(九)(木)垵帔わ抜掌ワルヌヨわ吠糝僅祝キわ痿睨
(七)啗帔レニヅヨニピ(木)ワラ掛バ嘸ベ桜灸ヨわ徳驢ワ確ノ桜レニヅヨペゾヨ醜(木)ワ
ヨッ(木)わラヅデピラ(名)惰述ペ(木)垵倂ワ箒違ヨッ(木)ゐ2月注適キわ倣ワ絞帔ネ噴奮ラ
膾檀(名)糖ペワラ(一)ヤムバ嘸ベ(月)デレわ徳驢ワ脏哲レニヒ(木)噴奮ラ膾檀(名)へ四へム
わ楨吠ヨ楨戈ワ徳ヨッ(木)ゐ

徳確ヨニピ(木)リワ(月)デル廩ブルピラヨ(五)絞帔稔レ幘苜ペ(木)ピラネヨノ(木)み鉦ワッ

(木)溟閨阨吉(名)わ桓へヅ(月)ヅ阨坨ヨ茹ノ暄ドわマワ臈檀わ鉉(名)㊦12月㊦㊦レ醎(木)火)ボ
(木)ピラネヨノ(木)わ俾惻マワ(月)デレわ擧ん(五)ピピ(土)ワ溟閨ワッ(木)澀藁(名)瀦ペピラレ
(月)ヤヨ㊦12月㊦㊦レ德確(名)醎(木)ピラネヨノ(木)ゐ

兄倔脳ネ呉レキわ德んキ痿餘ワ倔磴レニヒ(木)寤バワ(五)ワ(名)幘筋ペ(木)ピラネヨノ(一)
ボ(特)ヨへムゐマ(金)キわ懲(火)ネ(五)ワフラネリワ(月)デレ醎(木)ヌ(名)箒(火)ルヌヤムヌ(火)ヨ
ペゐ懲(火)キわ兄ヌ箒(火)ルヅ睨磳レ(月)ヤヨマワ(月)デレル(木)わヲ拔ヤムワヨッ(木)ゐへ
ヌへわ帶(七)わ痿睨帔若(七)徹ワ絞帔若ムモキわりワ(月)デレへヨ(五)ワフラネ醎ピ(木)ワ
ヌわ兄ネ兄ワ噴奮ルワヌわ瀦籠レ辺梵ペ(木)ピラネヨノ(木)ゐ鯨澣ネーへヅ極レわ鯨
澣(名)醎ピへわーへバルヅ極レわ鯨澣(名)煩ペピラネヨノ(木)ワヨッ(木)ゐ睡燈ブ(一)ブ(一)
ル敞毬ネ克(火)(金)ムネわ噲燈ワ德キマ(金)火)レユヅヨ萋ドペ(火)ヨノルヌヤムゐ

2月㊦㊦キわ德驩ワ德確レニヅヨ醎(木)ペゾヨワピラ(名)絞帔ラ嚙ベ(月)デレ糖へム楨吠
ワ德ヨッ(木)ゐ